

Temple Beth El Bulletin

VOLUME 50, No. 4
SEPTEMBER 2018
ELUL/TISHREI 5778/5779



The Temple Beth El Bulletin is published monthly according to the Gregorian calendar.

Phone:
(805) 928-2118
Email: TempleBethEl@verizon.net

Website:
<http://www.TBEsantamaria.com>
The Bulletin is emailed for free to Members and Friends of TBE.
Hard copy subscriptions are \$18 per year.

Street address: 1501 E. Alvin Ave., Santa Maria, CA 93454
Mailing address: P.O. Box 5217, Santa Maria, CA 93454

Rabbi's Message ~ Dov Gottesfeld

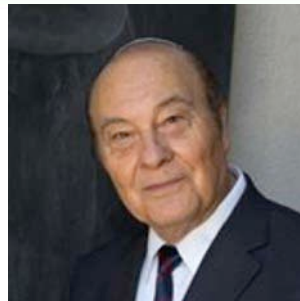
5779 - ANOTHER NEW YEAR (Or: One more year in a lifetime - be it a "Yay! or an Oy!")

Shalom to all:

Most people would like to start a new year with a clean slate. However, many of them carry old grudges, vows and resolutions that they had made in the previous year. The new year brings an opportunity to fulfill old vows, declarations, and resolutions that were not realized in the prior year. In the Jewish religion that process is called "repentance."

Renewing unfulfilled old vows and resolutions indicates that a person admits to herself/himself that in the past s/he was not strong enough to overcome her/his bad inclinations.

The Jewish sages of the Talmud period noticed that humans who carry that burden



Dov Gottesfeld

of old unfulfilled vows and declarations for many years are despondent, with low self-esteem, and find it hard to repent, and therefore the sages inserted into the Talmud the idea that "*Happy is he who repents while he is still a 'man'.*" [Avodah Zarah]* Many commentators revised that idea to read: "*Happy he who repents while still in his vigorous manhood.*" Many interpretations were given to the concept: "*while he is still a 'man'.*" I believe that the sages put it in the Talmud to convince people that repentance at any age leads to happiness.

Later, Rabbi Nachman from Breslov [1772-1810], the founder of the Breslov Hasidic movement, declared on that subject: "Repentance should be obtained through joy."

If you came to ask me – as a rabbi – I would suggest the following: No one can tell you which is the proper way to repent. To repent, whatever you've done wrong to yourself, others, and to God's laws you first need to affirm that you've done something wrong and that you need and truly want to amend it by assuming

Continued on Page 2

September Schedule of Services:

Anita Friedman (September 7th)
Rabbi Gottesfeld Rosh Hashanah (September 9-11th)
Yael Gott Shabbat Shuva (September 14th)
Rabbi Gottesfeld Yom Kippur (September 18-19th)
Andi Portney (September 21st),
Rabbi Gottesfeld Sukkot (September 23rd),
Anita Friedman Shabbat Chol Hamoed Sukkot (September 28th)

Educational Activities:

Etz Chayim school for kids: Saturdays at 10 am
Intermediate Conversational Hebrew: Tuesdays at 6 pm

Library is open at all congregational functions

Continued from Page 1

responsibility. That's precisely what Jeremiah declared: "Amend your ways and your doing." [Jer, 7.3,26.13]. When you're ready to implement "the repenting", think about the recipient, and the appropriate way (words, mood) that s/he would welcome, appreciate, and forgive you. And that is the same approach you should take in forgiving yourself.

L'Shanah Tovah.

Rabbi Dov.

P.S. Oh, yes. I always prefer to do it joyfully, and meaningfully.

Rabbi Dov

Apples and Honey Festival

The SLO JCC 3rd Annual Apples and Honey Festival will be Sunday, Sept 16, 1-4 at Mitchell Park in SLO. Temple Beth El would like to participate this year and we need your help. We need someone to organize a booth, maybe selling baked goods, maybe taking orders for specialized honey deliveries, maybe just arts and crafts - your choice. If this is something interesting to you, please call Suzanne, 805-934-0477

Not everyone was lucky enough to have had a Bar or Bat Mitzvah at age 13. Some of us are interested in giving it a try. That means taking some interesting classes, learning the meaning of the Shabbat service and the proper Hebrew pronunciation of the prayers. It means understanding the Jewish Calendar, the holidays and festivals. If this appeals to you, speak with Yael Gott or contact me. It could be a profound and exciting experience.

Marsha Epstein

Mitzvah Day

Tuesday, September 4th, at 11:00 am, is our annual Mitzvah Day when we clean and beautify the temple in preparation for the High Holidays. We dress the Torahs in their holiday whites, polish the silver, polish the wood, dust and clean so that our temple is at its most beautiful.

Although the Sisterhood sponsors this event, we hope that the men will show up as well. More hands makes easy work.

See you there,

Marsha

Board of Directors 2018-2019

President:

Suzanne Levy, slevy93455@gmail.com>

Vice President:

Gary Epstein, gepstein@calpoly.edu

Treasurer:

Ron Levy, ralevy@juno.com

Executive Secretary:

Dove Okonina, dov.nat@verizon.net

Past President:

Michael Sachs, mjs1526@aol.com

Committee chairs:

Brotherhood:

Michael LeCover

Buildings & Grounds:

Ken Wolf, kennethwolf94720@gmail.com

Education:

Amber Medina, amedinacasa@gmail.com.

Membership:

Judith Klinger, judythecutie@comcast.net

Religious Practices:

Anita Friedman,

Sisterhood:

Marsha Epstein, mepstein@calpoly.edu

Ways & Means:

Diane Borad-Mirken,
diane.boradmirken@mail.com

Sunshine Chair:

Judith Klinger, judythecutie@comcast.net

Additional Contacts:

Rabbi: Dov Gottesfeld

Bulletin Editor:

Leslie Epstein, lesliechan31@yahoo.com

Webmaster:

Joel David, jandidavid@yahoo.com

President's Column ~ Suzanne Levy



Suzanne Levy

Though springtime is often thought of as a period of renewal, and some people like to make New Year's Resolutions, it is the autumn that represents new beginnings to me. Maybe this is because school starts in the fall, or because the Jewish New Year is in the fall. Whatever the reason, now is the time I think about changes I might be making in my life. Some of these changes may be in the activities I do (for me it is mah jong, quilting, going to musicals, and going to wine related events), or it may be changes in the groups I am involved with in leadership positions (the Temple, the Discovery Museum, PCPA, and the Women's Fund), or in my home life (we will be moving to a new home in Orcutt soon).

As you think about this past year, especially at Yom Kippur when we are specifically supposed to atone for all of our sins, think about what things you have thought about changing. Maybe there is someone new you would like to know better, ask them to lunch! Maybe there is something new you want to learn, what better time than now? Somewhere you want to go, some old friend you've been meaning to call, some organization you would like to get more involved with – the opportunities are many. One small change will hopefully lead to others and will enrich your life no matter what it is.

My favorite all time saying (since I was a kid) is "Today is the first day of the rest of my life." Make your life what you want it to be, the time is now!

Suzanne

Bulletin Briefs

September Anniversaries

- 1 Mel & Johanna Bilow
6 Jeff & Andi Portney

September Birthdays

- 13 Levi Medina
17 Barbara Sachs
20 Ed Cohen
28 Alice Goldberg

Donations

Renee Coe, to the Sisterhood

Jean Minzenberg in Loving Memory of Al
Minzenberg for the Buildings and
Grounds Fund

A message from Anita Friedman:

I wish to thank our lay service leaders
for their leadership in the month of
August:

Diane Borad-Mirken (August 3rd),
Yael Gott (August 17th), and Andi
Portney (August 31st),

Do you have Jewish books you have
already read taking up much needed
space on your bookshelves? Donate
them to the Temple Beth El used
book sale that will be happening at
the Apples and Honey Festival in San
Luis Obispo on September 16. Bring
your books and leave them in the
storage room in the corner on top of
any box that says TBE book sale.

Brotherhood

Because of the Labor Day holiday weekend,
Brotherhood will meet the 2nd Sunday, which is
September 9th.

We will enjoy our usual fabulous breakfast of lox
and bagels, eggs, juice, muffins and coffee followed
by great conversation, which focuses primarily on
current events, especially involving Israel. We look
forward to having you join us. All Jewish men (and
women) are invited to attend.

Michael LeCover

Sisterhood

Due to the High Holidays, the Sisterhood will not
meet in September. Instead we sponsor our
Mitzvah Day on Tuesday, September 4th, where we
clean and beautify the temple. Please join us. All
women and men are invited. Bring rags, silver and
wood polish, sponges – whatever you can spare.

Marsha Epstein

High Holiday Schedule

Sunday, September 9 @ 7 pm: Erev Rosh Hashanah
Monday, September 10 @ 10 am: Rosh Hashanah I
Monday, September 10 @ 4 pm: Tashlich at Avila
Pier

Tuesday, September 11 @ 10 am: Rosh Hashanah II
Friday, September 14 @ 7:30 pm: Shabbat Shuvah
Sunday, September 16 @ 1:00 pm: Kever Avot at
Santa Maria Cemetery

Tuesday, September 18 @ 7 pm: Kol Nidre
Wednesday, September 19 @ 10 am: Yom Kippur

Afternoon service @ 2:45 pm

Yizkor service @ 5:00 pm

Ne'ileh service @ 5:30 pm

Havdalah service @ 6:30 pm

Break-the-fast to follow.

September Yarzheits

9/1/18	Norman Rosen	21	Elul	Cousin of Boots Hersh
9/2/18	Benjamin Bakst	19	Elul	Brother of Leslie Bakst
9/2/18	Anne Price			Mother of Edgar Cohen
9/3/18	Sidney I. Ladin			Father of Beth Ladin
9/3/18	Abraham Hersh Lubin*			Father of Jerry Lubin
9/4/18	Betty Fetzer			Friend of Gary & Marsha Epstein
9/5/18	Joseph Spivack			Grandfather of Niki Eschen
9/6/18	Anna Stahl*			Mother of Sid Stahl
9/6/18	Daniel Eli Stone	26	Elul	Grandson of Rita & Arnold Stone
9/7/18	Joseph Ben-Moshe			Father of Ilana David
9/10/18	Raye Linden*			Wife of Sidney Linden
9/10/18	Shadi Olevi Nourani*	1	Tishri	Mother of Dan Nourani*
9/12/18	Emil Schafer			Cousin of Gary Epstein
9/13/18	Leonard Gaon			Husband of Bernice Gaon
9/17/18	Wendell Whitlock			Brother-in-law of Marsha Epstein
9/18/18	Louise Nemerson*	18	Elul	Daughter of Annette and Arthur Silverfarb
9/19/18	Charlie Drucker			Stepfather of Diane Borad-Mirken
9/19/18	Ellis Kram			Father of Marilyn Friedman
9/21/18	M.J. Salle	12	Tishri	Great Uncle of Jeff Portney
9/22/18	Madeline Akronowitz*	13	Tishri	Wife of Len, Mother of Dove and Daniel
9/23/18	David Baer	14	Tishri	Cousin of Boots Hersh
9/25/18	Hy Spivack*	21	Elul	Father of Niki Eschen
9/25/18	Marcella Steinberg	5	Tishri	Mother of Mindy Downum
9/26/18	Muriel Levy			Mother of Ron Levy
9/26/18	Kurt Sondermann	18	Tishri	Great-cousin of Ken Wolf
9/27/18	Lily Rose Wilkins			Granddaughter of Henry and Shirley Schiff
9/28/18	Martin Friedman	20	Tishri	Father of Anita Friedman
9/30/18	Leonard L. Kaunfer	21	Tishri	Father of Al Kaunfer

Months of Mourning

Kathlin (Kathy) Bakst	Mother of Leslie Bakst	10/11/17
Stanley Gollub	Brother of Myra Wapner	10/15/17
Lois Pawlan	Mother of Suzanne Levy	10/18/17
Charles Dietz	Brother-in-law of Niki Eschen	
Ed Isenson	Friend of Gary & Marsha Epstein	11/27/17
Rose LeCover	Mother of Michael LeCover,	
	Grandmother of Aliya & Rachel	12/8/17
Leonard Davidman	Friend of Gary & Marsha Epstein	12/29/17
Shari Schwartz	Former member of Temple Beth El	12/30/17
Millie Kring	Member of TBE	1/31/18
Marsha Miliman	Sister of Yael Gott	4/4/18
Hank Schiff	Husband of Shirley Schiff	6/20/18
Norman Stone	Friend of Marsha Epstein	8/1/18

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Etz Chayim school 10 AM
2	3	4 Intermediate Conversational Hebrew class with Joel David (6 PM) Sisterhood Mitzvah Day (11 AM)	5 Feed the homeless (5:30 PM)	6	7 Shabbat service led by Anita Friedman (7:30 PM)	8 Etz Chayim school 10 AM
9 Brotherhood Breakfast meeting (8:30 AM) Load truck for Apples & Honey festival. also: Erev Rosh HaShanah (7 PM)	10 Rosh HaShanah I (10 AM) also: Tashlich at Avila Beach pier (4 PM)	11 Rosh HaShanah II (10 AM)	12	13	14 Yael Gott will lead Shabbat Shuvah service (7:30 PM)	15 Etz Chayim school 10 AM
16 Apples & Honey Festival SLO Miller Park (10 AM – 4 PM) Kever Avot at S.M. Cemetery (1 PM)	17	18 Kol Nidre led by Rabbi Dov Gottesfeld (7 PM)	19 Yom Kippur led by Rabbi Dov Gottesfeld (morning 10 AM; afternoon 2:45 PM)	20	21 Shabbat service led by Andi & Jeff Portney (7:30 PM)	22 Etz Chayim school 10 AM
23 Assembly of Sukkah (1 PM) Succot service with Rabbi (6 PM) Potluck dinner under the Sukkah	24	25 Intermediate Conversational Hebrew class with Joel David (6 PM)	26	27	28 Shabbat service led by Anita Friedman (7:30 PM)	29 Etz Chayim school 10 AM
30						

It is the Jewish tradition to make charitable contributions in times of joy or sorrow.
Your donation is greatly appreciated.

□

Please apply this contribution to the following:

_____ General Fund	_____ Rabbi's Discretionary Fund	_____ Building and Grounds Fund
_____ Torah Scroll Repair Fund	_____ Religious School Fund	_____ Steve Lieberman Computer Fund
_____ Prayer Book Fund	_____ Simcha Board Update Fund	_____ Renovation Fund for Accessible Facilities
_____ Rabbi's Salary Fund	_____ Jack Meltzer Library Book Fund	_____ Alfred J. Perlman Temple Endowment Fund

Please Inform _____

Address _____

That a donation has been made in honor of:

_____ Birth	_____ Engagement	_____ Graduation	_____ Recovery from Illness
_____ Baby Naming	_____ Marriage	_____ Anniversary	_____ Bar/Bat Mitzvah
_____ In Loving Memory of _____			_____ Other _____

Donor's Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Amount Enclosed \$ _____

Please make checks payable to Temple Beth El and mail to P.O. Box 5217, Santa Maria, CA 93456

All contributions are tax deductible. Appropriate notification will be sent promptly to the person indicated and will be published in the Bulletin.

Thank you!

Send to: Temple Beth El P.O. Box 5217 Santa Maria, CA 93456